



Emergency Babysitting Guidelines

- **H**ave you babysat for these folks before?
 - Do you know where they are going?
 - Do you know a phone number for where they can be reached?
 - Do you know all the exits out of the home?
 - Do you have a predetermined place to meet if you all don't come out together?
 - Do you know where you will go if you need to leave in an emergency?

 - **W**ho are you going to call for :
 - Fire . . .
 - Smoke in the house . . .
 - Poisoning . . .
 - Intruder . . .
 - Electrical problems . . .
 - Heating problems . . .
 - Carbon Monoxide detector . . .
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In case of a fire in the home; **GET OUT!** Don't try to put it out. Go to your predetermined place and call 911. If you call from somewhere else you will need to know the address of the home. If you call from inside the home, the address will automatically show up at the dispatch center. If you can, close all the doors in the home. This will slow the spread of the fire and allow you more time to escape.

If there is smoke in the home, crawl under it. Heat & smoke will rise allowing the cleaner air to be found near the floor. If you are trapped by smoke or fire, close as many doors as possible between you and the fire and lay a towel or blanket at the base of the door to stop smoke from coming in. **Do not hide in a closet or under the bed.** Open a window in the room you are in and watch for help. Remember to bring a portable phone with you to remain in contact with 911 dispatch personnel.

If you are able to use a fire extinguisher . . .

- Do you know where fire extinguishers are in the home? (Closets, hallways, under sink?)
 - Do you know how to use it?
 - Should you use it? (Is the fire stoppable or is it too big?)
 - Is it the right type? (ABC is the most common)
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Things to get before parent/guardian leave you in charge:

- Phone number where they can be reached
- Address where they can be reached
- Secondary phone number
- Emergency phone numbers (Fire, Police, Ambulance)

A copy of these items should be next to each phone and you should carry a copy in your pocket.